



PRICE LIST 2026

Physiotherapy

Principal Physiotherapist

Initial Assessment & treatment (45 minutes) £93
Treatment (30 minutes) £62
Treatment (45 minutes) £82

Senior Physiotherapist

Initial Assessment & treatment (45 minutes) £88
Treatment (30 minutes) £57
Treatment (45 minutes) £77.50

Sports Therapy & Massage

Sports Therapist

Initial Assessment (60 minutes) £83
Initial Assessment (30 minutes) £62
Treatment (30 minutes) £41.50
Treatment (60 minutes) £72.50

Sports Massage Therapist

60 minutes £70
30 minutes £40

Medical Lymphatic Drainage (60 mins) £120
(30 mins) £75

Laser Therapy (60 mins) £84.50 (30 mins) £55

Shockwave Therapy £275 for 3x sessions

Acupuncture

Acupuncturist

Initial Assessment & treatment (120 minutes)
£90
Treatment (60 minutes) £75

Dietician

Initial Assessment £80
Follow-up Consultation £60
Healthy Eating Plan £110
Keto eating Plan £125

Pilates

Payable for the term in advance, equates to:

Members £12.50 per session

Non-members £15.00 per session

Psychotherapy

Price on application
